

Thursday, September 28, 2023

7:00 – 9:00 pm FMM Board Meeting Exec Boardroom

8:00 – 5 pm	Registration	Atrium
8:30 am – 7 pm	Speaker ready room / open room	Rm 251 A
8:30 am - 9:30am	Continental Breakfast	Atrium
9:30 am	Conference exhibits open	Atrium

9:00 – 10:00 am FMM Collaboratives (2.5 credits)

PC01 - Faculty Development Collaborative	Rm 101a
PC02 - Scholarly Activity Collaborative	Rm 101b
PC03 - Perinatal Care & Family Medicine Collaborative	Rm 101c

10:00 am – 10:30 am Break with Exhibitors Atrium

10:30 – 12:00 pm FMM Collaboratives

PC01 (cont.) - Faculty Development Collaborative Rm 101a
PC02 (cont.) - Scholarly Activity Collaborative Rm 101b
PC03 (cont.) - Perinatal Care & Family Medicine Collaborative Rm101c

12:00 – 1:00 pm FMM kickoff meeting lunch Rm 105

12:00 - 1:00 pm Lunch on your Own

1:00 – 2:15 pm PL01- Opening Plenary (1.00 credit)

Auditorium

The Essence of Family Medicine

Presented by

Richard D. Feldman, M.D., FAAFP

Program Director Emeritus and Senior Medical Education Advisor, Franciscan Health Family

Medicine Residency Program, Indianapolis, IN

2:15 – 2:30 pm Break with exhibitors Atrium

2:30 – 3:30 pm Education sessions (1.00 credit)

FR01: Implementing the New ACGME Program Requirements in Family Medicine: Peer Talk about Electives, Community Input, and Individualized Learning Plans

Presented by – Lauren Anderson, PhD (IL) Rm 101a

FR02: The Therapist is In: Brief Therapeutic Techniques for Physicians

Presented by - Allison Couture, DO, MPA (WI) Rm 101b

FR03: Busting Pain with Buprenorphine: Taming the Beast of Chronic Discomfort

Presented by - Ramandeep Kaur, MD, MHA, HMDC, FAAHPM (IL) Rm 101C



3:35 - 4:20 pm **Break with exhibitors** Atrium **PS01 - Poster session I (Physician/Resident Posters)** (0.75 credit) Rm 105 1: Using Self-Monitoring Blood Pressure (SMBP) and Lifestyle Modification to Fuel Optimal Hypertension Outcomes - Chantal Tinfang, MD (IL) 2: Keeping Up with the Kardashian Weight Loss Plan: Teaching Family Medicine Residents about the Role of GLP-1 RAs in Weight Management - Krish J. Miglani, MD (IL) 3: Improving Equity of Family Medicine Residency Application Review - Emily Rose Smith, MD (WI) 4: Meeting Diversity, Equity, and Inclusion Expectations Unexpectedly - Milap Bhatt, DO (IL) 5: ExPAND Mifepristone: An Implementation Strategy to Integrate Medication Abortion in Primary Care - Adiba Khan, MD (IL) 6: Block scheduling for LARC in a family medicine residency program - Artis Lewis, MD, MS (IL) 7: Study of Ageism Education in a Family Medicine Residency - Namrata Damle, MD (MN) 8: Quality Improvement in Deprescribing Inappropriate PPI Therapy - Christopher Medrano, MD 9: Picturing Progress: A New Three-Year POCUS Curriculum for Family Medicine Residency -Clarinda Hougen, MD (IL) 10: Which method of Labor Induction has the Lowest Cesarean Rate and is Most likely to result in Delivery within 12 hours of Rupture of Membranes? Answer from AAH EPIC Slicer-Dicer -Natasha Scaria, MD (IL) 11: A Two-Pronged Approach to Improving Physician Readiness to Screen and Manage Intimate Partner Violence - Tanushree Nair, DO (IL) 12: COVID-19 Vaccination Hesitancy and the Role of Patient Education - Anuja Trivedi, MD (IL)

4:30 – 5:30 pm **Education Sessions** (1.00 credit)

FR04: Toxic--A Black Woman's Story: Movie and Discussion

Presented by – Tabatha Wells, MD (IL) Rm 101a

FR05: Intro to OMM for MDs

Presented by - Kwanza Devlin, MD, FAAFP (WI) RM 101b

FR06: Newborn Circumcision: A High-Fidelity Hands-On Workshop

Presented by - Alicia Milan-Flanigan, MD (IL) RM 101C

5:30 – 7:30 pm Welcome reception Atrium & Patio

Saturday, September 30, 2023

7:00 am – 4:00 pm Registration Atrium

8:00 am Conference exhibits open

8:00 am Speaker ready room / open room Rm 251 A

7:30 – 8:30 am BR01 - Breakfast roundtables (1.00 credit) Dining room a/b

Table 1: Scholarship Collaborative Interest Group Sharing Session

Led by - Jacob Prunuske, MD, MSPH (WI)

Table 2: Implementing an Immigrant Resource Center in a Small City

Led by - Pearl Quartey-Kumapley, MD (IN)

Table 3: Abortion Care Provision in Restrictive Midwest States Post-Dobbs: Impact on Learners,

Care Providers, and Innovative Solutions



Led by - Ashlyn Brown, MD (WI)

Table 4: Family Medicine Interest Group (FMIG) Member Breakfast

Presented by - Michael Persinger, MS4 (KS)

Table 5: Knitting for Gender Affirmation: A service-oriented student wellbeing initiative to develop awareness of gender-affirming care and to provide local clinics with knitted breast and penis prosthetics

Led by - Colin Whitmore (MN)

Table 6: Family Physicians Interested in Addiction Medicine

Led by – Jonathan Dickman, MD, PhD (MN)

Table 7: Parenting as a Medical Student, Resident, and Physician

Presented by – Lisa Phifer, MD (IN)

Table 8: Fellowships

Led by - Representatives from various fellowship programs.

8:30 – 9:00 am Education Sessions (0.50 credit)

SA01: Creating a learning collaborative to expand our experiences and opportunities to teach

Patient Safety and Quality Improvement

Presented by - Jennifer W. Swoyer, DO (IL) Rm 162

SA02: LCME Requirement 7.6 -- Structurally Competent Healthcare and Health Inequities

Presented by - James P. Meza, MD, Ph.D. (MI) Rm 164

SA03: Multimedia Training "Picture Match" Physical Examination Checks Before and After Newborn Circumcision: A Family Medicine and Pediatric Urology Plan

Presented by - Max Maizels, MD (IL)

Rm 166

SA04: Stepping up to "Senioring": Strategies for Preparing Interns to Lead Inpatient Teams
Presented by - Dominique D'Souza, MD (IL)
Rm 167

9:05 am **- 10:05** am **Education Sessions** (1.00 credit)

SA05: The Patient We Couldn't Let Die: The Need for Advance Care Planning in Family

Medicine and the Tools to Make it Happen

Presented by - Ryan Jozwiak, MD (IL) Rm 162

SA06: Sexual Health of Older Adults

Presented by - Angela JW Smithson, MD, MPH (MN) Rm 164

SA07: Collaborative Upfront Agenda Setting

Presented by - Nadine Nixon, MD (WI) Rm 166

SA08: Strategies for "Doctor Parents" at Every Stage of Medicine (Student, Resident, and

Physician)

Presented by - Mustafa Alavi, MD (IL) Rm 167

SA09: Using Narrative Medicine to Find Joy in Uncertain Times

Presented by - Elizabeth Fleming, MD (WI) Rm 261

SA10: FMM Scholarship Collaborative Growth and Development

Presented by - Lauren Oshman, MD, MPH, FAAFP (MI) Rm 265

10:00 – 3:00 pm Residency fair set up Ballroom



10:10 am - 11:10 am **Program Directors Huddle (informal meeting)** Rm 266

10:10 am - 11:10 am **Break with Exhibitors**

Atrium

PS02- Poster Session II (Student Posters) (1.00 credit)

Rm 105

- 1: Clinician's Perspectives on Weight Loss Clinic Implementation in Federally Qualified Health
- Centers Mia Lambert, BA (IL)
- 2: Using A Validated Screening Tool to Compare Early Childhood Development Interventions Implemented In-Person Versus Online - Jessica Weiss, MS1, BSN, RN (WI)
- 3: Utilization of social media in the Dissemination of a Digital Diabetes Storytelling Intervention for the Hmong Community - Miller Balley (MN)
- 4: Opinions, Utilization, and Barriers of Trauma Informed Care at SIU Medicine: A Cross-Disciplinary Study - Aashna Thakur, MS4 (IL)
- 5: Comparing Racial Differences in Hypertension Control Rates During MAP BP Program Implementation at a Large Urban Academic Medical Center - Katherine Iannuzzelli, BS (IL)
- 6: Medication abortion in primary care: provider interest and barriers Laurel Neufeld, BS (MN)
- 7: Impact of a Learning Collaborative on Mifepristone Integration in Midwestern Primary Care Clinics - Megan Ren, BS (IL)
- 8: Medical Students' Exposure and Confidence with Trauma-Informed Care within Existing Curricula - Sanskriti Khurana, BS (IL)
- 9: Patient-Centered Lab Result Communication Through the Clinic Manager Communication Log (CMCL) at MedZou Community Health Clinic - Karolina Pogorzelski, BS (MO)
- 10: Medical-Legal Partnership Implementation in the Healthcare Setting Arya Kadakia, BS (IL)
- 11: Analyzing effectiveness of in-person and virtual mentoring through Medical College of Wisconsin medical students mentoring program with adolescents who have significant Adverse Childhood Experiences - Drake Giese, BS (WI)
- 12: Acute Malnutrition Intervention in the District of Pujehun, Sierra Leone Priyanka Patel (IL)

11:15- 12:15 pm

Lunch for students

Dining Room 161 a/b

11:15 - 12:00 pm

Sessions for Physicians & Residents (0.75 credit)

SA11: Achieving Success with Peer-Reviewed Publication: Tips and Strategies for Writing and **Getting Published**

Presented by - Yohualli B. Anaya, MD, MPH (WI) SA12: Integrating Prenatal Care and OB into Family Medicine Scope of Practice Presented by - Anna Nguyen, DO, MPH (IL) Rm 164 SA13: Transitioning from Resident to Attending: How to secure your dream job! Presented by - Mustafa Alavi, MD (IL) Rm 166 SA14: Teaching Violence Prevention using Simulation with Standardized Patients Presented by - Megan Doyle, DO (IL) Rm 167

SA15: Innovative Ideas 1

- Utilizing a Flipped Classroom Model to Enhance Point of Care Ultrasound Training for Family Medicine Residents - Amol Naik, MD MSc (IL)
- Path to White Coat: a Novel Peer Mentorship Program for Pre-Medical Undergraduate Students at the University of Michigan - Jefferine Li, BA (MI)
- Three evidence-driven, community-centered tenets to align clinic operations with community partnerships - Sally Jeon, BA (MN)
- Blueprint for advocacy: Normalizing civic engagement for medical school students Vineet

Rm 162



Break with exhibitors

12:00 - 12:15 pm

2023 Conference Schedule* NIU Conference Center, Naperville, Il **September 29 – Oct 1, 2023**

Raman, BA, BS (MN) Rm 261

12:25 – 1:25 pm	PL02 - Plenary for Students Family Medicine: Oh, the Places You'll Go	Auditorium	
	Moderator: Safiya McNeese-Ruffin, MD Associate Program Director, Director of SIU Alton Family Medicine Obstetrics & Women's Health		
	Panelists:		
	TBA: Alexis N. Acernese, MD, Chief Resident Physician, PGY-3, Rush Copley Family Medicine Residency Program, Aurora, IL Advocacy & Leadership: Adjoa Kusi-Appiah, MD, North Memorial Resident, University of Minnesota, Minnesota, MN Gender-affirming care: Christine Knight, MD, Family Physician, PrimeCare West Town Health Center, Chicago, IL		
	IMG experience: Mena Metias, MD, Core Family Medicine Faculty, SIU Residency, Alton, IL	Alton Family Medicine	
12:15 – 1:15 pm	Lunch for Phys & Residents	Dining Room 161 a/b	
1:30 – 2:30 pm	PL03 - Plenary for Physicians & Residents (1.00 credit) Auditorium "Family Medicine: Oh, the Places I've Been!"		
	Presented by Carl Earl Lambert, Jr., MD, FAAFP, Illinois Family Physician Medicine Leadership Program, Rush Medical College	and Director of Family	
1:30 – 2:30 pm	Sessions for students (1.00 credit)		
·	SA16: International Student Prep	Rm 162	
	Presented by – Alicia Milan-Flanigan, MD (IL)		
	SA17: Standing Up to Patient Microaggressions Presented by - Roxanne Smith, MD MPH (IL)	Rm 164	
	SA18: Building a Stronger Specialty through Advocacy	KIII 104	
	Presented by - Gordana Krkic, CAE (IL)	Rm 166	
	SA19: Take Your FMIG to the Next Level		
	Presented by - Michael Persinger (KS)	Rm 167	
	SA20: Family Medicine NOW – WOW Panel! (For Pre-med Students)	Rm 266	
2:40 – 3:10 pm	Education Sessions (0.50 credit)		
	SA21: Marijuana and Pregnancy: Legal with Consequences	D :: 460	
	Presented by - Lauren Oshman, MD, MPH (MI) SA22: Lessons learned from two STFM online Faculty Development pr	Rm 162 ograms	
		5	

Atrium



3:15 - 4:15 pm

Presented by - Timothy Ott, DO (IL)

2023 Conference Schedule* NIU Conference Center, Naperville, II September 29 – Oct 1, 2023

SA23: Path to a Cure: Treating Hepatitis C in Family Medicine Presented by - Jillian Landeck, MD (WI) Rm 166 SA24: Cultivating Communication in Family Medicine Education: A Reexamining of **Intercultural Communication Through an Anti-racism Lens** Presented by - Shelly Verma, DO, MSGPH (IL) Rm 167 SA25: Innovative Ideas (3 topics) - En El Camino de La Equidad en Salud - Implementation of Community Advisory Council into Residency Program as a Step towards Health Equity - Anna Nguyen, DO, MPH (IL) - Community Partnership: An Effort to Better Utilize ADRC Services in Primary Care Settings -Jenna Loefer (WI) - From Low to High - Improving Buprenorphine Inductions in the Hospital Jonathan Dickman, MD, PhD Rm 261 SA26: Hearing Loss: When Hearing Aids Aren't Enough Presented by - Renee Banakis Hartl, MD, AuD (MI) Rm 265 **Break with Exhibitors Atrium** PS03 - Poster Session III (Student Posters) (1.00 credit) Rm 105 1: Motivational Interviewing: An unmet interest and opportunity for future Family Medicine residents - Sarah Small, BA (MI) 2: 4 Medication-Assisted Treatment (4MAT): Medical Education and Quality Improvement to Advance Care for Opioid Use Disorder (IL) - Scott Andrew Wu, BA 3: A Snapshot of Central Illinois farming communities; a rural patient population perspective -Madeline Minneci, BS, MS (IL) 4: Team-Based Competition to Increase Colorectal Cancer Screening - Linda Lu (MN) 5: Decreased Referrals to OB/GYN for Early Pregnancy Loss Following Participation in a Mifepristone Learning Collaborative - Lisa Wu, BS (IL) 6: Patient Perspectives: Barriers to Interconception Care Delivery in Primary Care - Caitlin Somerville, BA (IL) 7: Addressing How to Care for and Treat Patients with Intellectual Disabilities - Haley Daigle, MS3 (WI) 8: Pap tests in transgender men on testosterone therapy: the importance of clinical context in providing accurate cytologic diagnoses - Nikki Chiang, BA (MI) 9: Development of a Framework for Increasing Family Medicine Residents' Competency in Identifying and Addressing Social Determinants of Health - Koushik Paul, MS3 (MN) 10: Patient Perceptions of Discrimination - Carly Miller, MS3 (MN) 11: Lessons about weight in the medical school curriculum - Laurel Neufeld, BS (MN) 12: Medical Students' Perception of a Peer-led Medical Polish Program: A Qualitative Analysis -

3:45– 6:15 pm Residency Fair Ballroom

Sunday, October 1, 2023

Angelika Kwak (IL)

7:00 – 11 am Registration Atrium

Rm 164



7:30 am Speaker ready room / open room Rm 251 A
8 am Continental Breakfast Atrium
8 am Conference Exhibits Open Atrium

8:30– 9:30 am Hands-on Workshops (1.00 credit)

SU01: Osteopathic Manipulation on Inpatient Rounds: A Hands-on Workshop

Presented by - Sarah Kay Welch, DO (IL) Rm 101a

SU02: Prepping for the next election: Draft YOUR health advocacy pitch for change

Presented by - Janice L Benson, MD (IL)

Rm 101b

Learning from Patients

Rm 101c

SU03: First Line of Defense: The Vital Role of Family Physicians in Preventing Acute

Mesenteric Ischemia in High-Risk Patients - Sara Arfan, BSc (IL)

SU04: Case Report: Peritoneal Carcinomatosis presenting with Complicated

Diverticulitis - Bethany Reyhaus (IL)

SU05: A Missed Opportunity: A Case Study of Four Simultaneous Opportunistic

Infections - Dominique D'Souza, MD (IL)

SU06: Let's Break it Down Now: A Case of a Rare Muscle Disease - Mariyam Yasmeen

Houston, DO (IL)

9:35 – 10:35 am PL04 - Closing Plenary (1.00 credit)

Auditorium

The Past, Present, and Future of Healthcare: The Evolving Role of the Family Medicine Physician

Presented by José R. Sánchez, President, and Chief Executive Officer of Humboldt Park Health (HPH) & Illinois Governor's Health Care Reform Implementation Council member.

10:35 – 10:45 am Break with exhibitors

Atrium

10:50 – 11:50 am

Hands-on Workshops and 15 Minute Sessions (1.00 credit)

SU07: Colposcopy Workshop

Presented by - Lisa Phifer, MD (IN) Rm 101a

SU08: No Needle No Scalpel Vasectomy: Hands-on Workshop

Presented by - Christopher Boswell, MD (MN)

Presentation of Scholarship

Rm 101b

Rm 101c

SU09: Osteopathic Manipulative Treatment for Patients with Chronic Pain and Opioid

Use Disorder - Andrew H. Slattengren, DO, FAAFP (MN)

SU10: Respect and Disempowerment During Prenatal and Obstetric Care in a Community Setting: A Qualitative Interview Study of Young, BIPOC Parents - Laura Hurley, MD MPH (MN)

SU11: Annual Review of Health Equity in Chicago, 2022 - Lillian Hallmark, BS (IL) **SU12: Pride event volunteering: an opportunity for anti-bias training in medical**

education - Morgan Lewis B.S. (IL)

11:55 -12:55 pm

Hands-on Workshops and 15 Minute Sessions (1.00 credit)

SU13: Simulating Skin Biopsy Modalities Using Readily Available Produce: A Practical

Workshop

Presented by - Alap Shah, MD (IL)

Rm 101a



SU14: A Somatic Approach to integrating Trauma Informed Care in your family medicine practice

Presented by - Stephanie Moss, M4 (IL)

Rm 101b Rm 101c

Presentation of Scholarship

SU15: The Relationship of Primary Care Engagement and Hospitalizations in Patients with Diabetes on the West Side of Chicago: A Student Exploration of Research Methods Integrated in a Longitudinal Family Medicine Research Curriculum - Sarah Dynia, MA (IL)

SU16: Pilot study of a trauma screening protocol in a workforce development program: Employment barriers and successes for program participants - Danielle Slaughter (Berglund), MS4 (WI)

SU17: Improving Care Delivery for Non-English Preference Patients: Interpreter Perspectives - Marin Melloy, BS (MN)

SU18: Hypothyroidism: An Important Differential for Confusion - Mariangeline Gonzalez Ortiz, MD (IL)

1:00-2:00 pm

Host & Planning Committee Wrap-up Meeting

Rm 164

The IAFP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Category 1 - The Illinois Academy of Family Physicians designates this live activity for a maximum of 18.00 AMA PRA Category 1 credits™.

Prescribed Credit – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Faculty Disclosure Statement

The Illinois Academy of Family Physicians adheres to the conflict of interest policy of the ACCME and the AMA. It is the policy of Illinois AFP to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All individuals in a position to control the content in our programs are expected to disclose any relationships they may have with commercial companies whose products or Services may be mentioned so that participants may evaluate the objectivity of the presentations. In addition, any discussion of off-label, experimental, or investigational use of drugs or devices will be disclosed by the faculty. Only those participants who have no conflict of interest or who agree to an identified resolution process prior to their participation were involved in the CME activity.

^{*}Schedule as of 09.25.2023. Download the FMM App for the most up-to-date information.